



## University of Utah Men's Lacrosse

### Club Information Packet

#### **Mission Statement:**

The mission of the University of Utah Men's Lacrosse Program is to provide an opportunity for students to enhance their college experience at the University of Utah through membership/affiliation with a collegiate level lacrosse program, and further develop the life skills required to become successful people.

#### **Job Opportunities:**

##### **Coaching Staff:**

The team's Head Coach is hired and managed by the Board of Directors of "The University of Utah Men's Lacrosse Team," a registered 501(c)(3) non-profit organization in the state of Utah. While the Head Coach is required to have a minimum of 2 additional members of the coaching staff, all business relating to coaching selections, management, and contracts are at the full-discretion of the Head Coach.

##### **Staff Assistants:**

Each year, there are a number of "Staff Assistant" job positions available, which may be applied for. Staff assistants assist the coaches on a regular basis at practices and games with equipment, drills, film, etc. The position pays an hourly rate, or double pay for staff who apply their pay toward a future years dues.

##### **PR/Beat Writer:**

The team hires one "beat writer" to serve as the primary PR resource for the team each year. This includes writing game and season previews, recaps, articles on players and events, managing the teams social media presence, and to be the team resource to/for other news and media outlets. This position pays with base-plus compensation, and double pay for staff who apply their pay toward future dues.

#### **Team Membership:**

The Utah Lacrosse team is composed of 2 types of players: Active Roster players & Red Shirt players.

##### **Active Roster Players** (*maximum of 34 players*)

- Must be "game-eligible" meaning a current, full-time student at the University of Utah, a current USLacrosse Member, and have at least 1 year of MCLA/NCAA eligibility remaining.

##### **Red Shirt Players:** (*maximum of 10 players*)

Red shirts are exactly like Active Roster players except they do not dress for, or play in Spring Games and are not guaranteed to travel. The following are reasons players might Red Shirt:

- 1) Players who are not yet at the skill level to receive an "Active Roster" spot,
- 2) Players who due to injury or illness cannot fully participate (physically) in all regular lacrosse activities.
- 3) Players wish to decrease the total cost of participation but still be a part of the team.
- 4) Players are not full-time students at the University of Utah, but plan to be.

##### Requirements of Red Shirt Players:

- Must have 1 or more years of NCAA/MCLA eligibility remaining.
- Must be a current USLacrosse Member.
- Red Shirts are not required to be a full-time student at the University of Utah. However, to be eligible to be moved to the Active Roster (which can happen at any time during the year should a spot come available) players must be full-time students.

*NOTES: Red shirting is an option available to all players, but final decision is the Head Coaches. Players who complete a season as a Red Shirt receive \$1,000 credit to a future year. Players who Red Shirt a partial season due to being activated will receive an amortized amount of credit to a future years. Only the completion of a semester on the roster counts as a "semester with team"*

#### **Team Rosters & Tryouts:**

Each year, there is a maximum of 34 players allowed on the Active Roster, and 44 spots on the full roster. Participation in the Fall Semester is not required, but players who do participate in the Fall are guaranteed a spot on the roster for the following Spring. Walk-On tryouts are held each semester for players to join the team if there is a space available on the team roster. All players may be dismissed from the team at anytime for failure to meet their responsibilities.



## Player Cost of Participation

The cost of participating on the team is designed to cover the administrative costs of running the program each year as well as to cover individual equipment, and the annual operations budget for the team's respective season.

**First-Year Player Equipment Fee: \$600** (*due prior to participation in any official team practices*)

All first-year players invited to join the team are required to submit a fee for their custom team equipment which includes a team helmet, gloves, backpack, equipment bag, running shoes, socks, etc.

**Player Administration Fee: \$500** (*due prior to any team participation*)

All players are required to submit an "Administration Fee" which covers each player's annual administrative costs (ie: insurance, player physicals, admin costs, coaching & training staff expenses, etc.)

**Player Dues:** (*50% due by September 15<sup>th</sup>; 100% due by November 1<sup>st</sup>*)

**1<sup>st</sup> Season: \$1,750** (*\$1,500 with "early payment"*)

**2<sup>nd</sup> Season: \$1,500** (*\$1,250 with "early payment"*)

**3<sup>rd</sup> Season: \$1,250** (*\$1,000 with "early payment"*)

**4<sup>th</sup>+ Season: \$1,000** (*\$ 750 with "early payment"*)

All players are required to pay dues toward the team's operating budget for each season, which primarily consist of costs associated with facilities, travel, gear, and various team expenses. Players may not participate in any team activity after November 1<sup>st</sup> with a dues balance. Only the completion of a season as a player (active or red shirt) in good standing counts for season dues levels.

### Payment Options:

All player costs may be paid/covered the following ways:

- 1) Accumulated earnings, credits, & payments from previous years.
- 2) Utilizing available discounts (*listed below*)
- 3) Any cash donation made to the team on a player's behalf
- 4) Player scholarship & Financial Aid
- 5) Direct Payment (checks made to "Utah Men's Lacrosse")

**There are no refunds on any payments for any reason.**

### Available Discounts & Cost Reduction Opportunities:

**Early Commitment Discounts:**

- Any returning player who is offered the opportunity to do so, may submit their "Player Administration Fee" by May 15<sup>th</sup> of previous year will receive a 50% discount.

**Early Payment Discount:**

- Any player who pays their "player dues" in full by September 15<sup>th</sup> receives a \$250 discount.

**Goalie Discount:**

- All Goalies receive a 50% discount on Player Dues (not Admin Fee).

**Red Shirt Credit:**

- Players who complete a season as a Red Shirt receive \$1,000 credit to a future year. Players who Red Shirt a partial season due to being activated will receive an amortized amount of credit to a future years.

**Team Staff & Job Positions**

Each year, the Head Coach may hire a number of "Staff Assistants" to assist the coaching staff in general daily operations.

**Player Scholarships & Financial Aid:**

Each year, there is scholarship and financial aid funding available that may be offered to players by the coaching staff to go their individual player dues. All scholarships and financial aid may be revoked at anytime if players fail to live up to player requirements and expectations agreement.



## **Team Schedules:**

To avoid as many conflicts as possible and assure players plenty of time for non-lacrosse activities and commitments, all required lacrosse events (excluding travel & games) are only scheduled during certain time slots throughout the week. **All players must keep these times free for events to be scheduled anytime up to 1 week prior.**

During the **Fall Semester**, players must keep the following times available:

- 6:00 a.m. – 7:30 a.m. on Monday, Tuesday & Thursday mornings
- 8:00 p.m. – 10:30 p.m. on Tuesday & Thursday evenings.
- There are no events during Fall Break.

During the **Spring Semester**, players must keep the following times available:

- 6:00 a.m. – 7:30 a.m. on Monday, Tuesday, Thursday & Friday mornings
- 7:00 p.m. – midnight on Tuesday & Thursday and Friday evenings
- The team may take a trip over Spring Break on even year seasons (2014, 2016, etc.) and there are no events scheduled during Spring break on the odd year seasons.

## **Fall Participation**

Participation in the Fall semester is strongly encouraged, but not required for Spring participation. Players who complete the Fall are guaranteed a roster spot on the team the following Spring.

## **Team Events:**

There are two types of events that players will participate in “with” the Utah Lacrosse team:

**Official Events** are events such as practices, games, travel, film sessions, meetings, etc. that are scheduled by the coaching staff and/or team leadership and are mandatory for players to attend.

**Unofficial Events** are events that are events commonly attended by members of the team but are not affiliated with the team, not hosted by the team, and are not mandatory for anyone to attend or participate such as tailgates, attending sporting events, dinners, and other activities. Only the general player conduct policy is required of players by the team during these events.

## **Wednesdays and Sunday Day’s Off:**

Wednesdays and Sundays are the teams’ days off all year, so no required event will ever be scheduled on a Wednesday or a Sunday (*excluding games and travel*).

## **Sunday Games:**

We understand that Sunday play is an issue to some people and we absolutely respect this. While we do our best to prevent & limit scheduling Sunday games, there are times when we do not have a choice. As long as players who choose not to play in Sunday games communicate this to the Head Coach at the beginning of the season, this is not a problem at all.

## **Weekly Hourly Max:**

There is a maximum amount of scheduled time that may be required of players in a week (6 hours in the Fall, and 10 hours in the Spring) *excluding travel & games*.

## **Attendance, Injuries & Illnesses**

We operate on a policy of 100% accountability – but not necessarily 100% attendance. Playing a collegiate sport is a significant commitment, but it does not need to prevent players from other opportunities available in the college experience as long as players plan ahead, communicate well with the coaches, and manage their time well.

### **Excused Absence**

In certain rare circumstances such as a family emergency/situation, or pre-scheduled, pre-approved commitment deemed valid as per the full discretion of the Head Coach may players be excused.

### **Unexcused Absence & Missed Deadlines:**



Any tardiness, absence, or failure to meet a given deadline, which is not communicated in advance to the Head Coach and excused is considered "unexcused." Unexcused tardiness or absence is not tolerated and will incur consequences up to immediate dismissal from the team.

### **Player Free Absences:**

Coach Kladis gives each player 1 "free absence" for each completed semester they have been with the team, plus 1 for the current semester.

These "free absences" can be used whenever a player needs - no reason is required to be excused from a scheduled event. However, in all cases, Coach Kladis must know at least 1 hour prior to the starting time of the respective event via a team captain. "Free absences" may not be used for travel days or Spring games.

### **Injuries and Illnesses:**

Players may be excused from regular participation due to injury or illness. To be excused, the Head Coach must be informed by the team training/health staff of the situation, which means the player must be seen by the team training/health staff and either they contact Coach directly or the player is able to provide written documentation. Attendance is still required of all players who are not-participating unless prescribed by training/health staff. In the event a player's injury/illness is season-ending, the player may apply an amortized portion of their paid "Player Dues" (not Administrative Fee) toward a future year.

### **General Conduct Policy:**

All players in the Utah Lacrosse program are expected to respect all equipment, facilities, and people involved with the Lacrosse program and conduct themselves in a manner that represents themselves, the University of Utah, and Lacrosse Program in a positive way.

### **Player Conduct Policy During Official Events:**

During official team events, the use of alcohol, illegal drugs and/or unapproved medication, as well as inappropriate language and/or behavior is not permitted at anytime and is strictly enforced.

### **Player Gear & Equipment:**

To begin each year, each player will receive a pair of team practice shorts, practice jersey, shooting shirt, team socks, and sweats. All players may order additional items at any time on the Utah Lacrosse Online Store if they wish (ie: rain gear, hats, fleece, socks, etc.) All first-year players also receive a pair of team gloves, bag, backpack, and team helmet. If a returning player ever needs to replace equipment they may be purchased individually at anytime (bag: \$125; helmet: \$225; gloves: \$175; backpack: \$75) and the team does have a "buyback program" for players who want to sell their equipment to the team after their career.

### **Player Eligibility:**

All players must comply with the following MCLA / NCAA eligibility requirements. To be part of the team, all players must have at least one year of eligibility remaining, and be an active member of USLacrosse through the entire season. In addition, Active Roster players must also maintain a minimum of 12 credits (undergraduate) or 6 credits (graduate) through the entire Spring semester OR be taking at least one remaining credit necessary to graduate following the respective semester in order to be eligible to play.

### **Player Uniform & Dress Codes:**

Players are required to be in proper uniform/dress at all times during official team events.

**Practices:** Players must be wearing the current season practice jersey on the exterior, and either a pair of the current season team practice shorts or sweat pants. In addition, players must wear proper padding, shoes, and safety gear at all times unless otherwise determined by the coaching staff.

**Travel:** Travel dress includes: Bottoms must be University of Utah branded (shorts, sweats, warm-ups etc.) OR khaki "docker style" pants/shorts with a belt. Players are required to wear a team polo shirt, and shoes must be "appropriate" "athletic shoes" or "dress shoes" as per the Head Coach. Additional top layers may be worn but must be "University of Utah" branded and approved by the Head Coach.



### **Team Non-Negotiables:**

These are the pillars, and foundation of our program and must be met at all times. Any violation of these pillars results in significant individual and team consequences.

1. **We represent our team, the sport of lacrosse, and the University of Utah with class at all times.**
2. **We are a team, a unit, a family and we stick together.** At all times, we look out for each other, support each other, and value each other.
3. **We respect, protect, and care for all facilities and equipment our team uses,** always leaving things and putting them back in just as good or better condition than they were before we used them.
4. **We keep a positive attitude and never complain, make excuses, or take shortcuts.** We value the challenge of earning success, and do not accept or settle for anything less than our best effort, and subsequent results.
5. **We respect and listen to coaches, administrators, and team leaders when they are speaking.** We accept praise and criticism, and we follow directions the first time.

### **School Fight Song**

All players must have the first verse and the chorus of the original University of Utah fight song memorized within 1 month of joining the team. Players are tested on a regular basis:

Verse 1: I am a Utah Man, sir, and I live across the green,  
Our gang it is the jolliest that you have ever seen.  
Our coeds are the finest and each one's a shining star,  
Our yell, you'll hear it ringing through the mountains near and far!

CHORUS: Who am I, sir, A Utah Man am I! A Utah Man, sir, Will be 'til I die. Ki-yi!  
We're up to snuff, we never bluff, we're game for any fuss.  
No rival gang of college men dare meet us in The Muss.  
So fill your lungs and sing it out and shout it to the sky,  
We'll fight for dear old crimson for a Utah Man am I! Ki-yi!

### **"Ute Bux" Program**

Ute Bux are an internal currency designed to promote team chemistry & community involvement and is overseen with complete discretion by Coach Kladis. All players are required to earn 25 Ute Bux to become game eligible each Spring Season and may never have a negative "Ute Bux account" at anytime to participate in any team event.

Ute Bux may be earned the following ways:

- Organization and/or participation in any non-required team service, activity, fundraiser or event that has a positive impact on the team and/or community (as per Coach Kladis). (*ie: team dinner, hike, tailgate, car wash, bowling night, camping trip, etc.*) To count, players must be representing the team (*wearing gear, publicizing it, etc.*) and must submit photos of the players at the event to Coach Kladis
- Ute Bux may also be earned by performing conditioning tasks.

Ute Bux may also be used/spend/lost the following ways:

- Players may be disciplined for various minor offenses using Ute Bux (*ie: "late to practice; or minor violation of conduct policy may costs player x Ute Bux"*)

Ute Bux have a cash value of \$5 and may be used to purchase equipment, extra gear, and other items from the team store. Also, all remaining Ute Bux in a player's account at the end of each season are traded in for credit to the future year's dues (up to \$100), or to the player's Alumni Club membership.



All players must complete and submit this form prior to participation in any lacrosse activity. If you have any questions please don't hesitate to contact Coach Kladis at 801-870-5564 or rick@utelacrosse.net

**Player Information:**

Player Name: First: \_\_\_\_\_ MI: \_\_\_\_\_ Last: \_\_\_\_\_

Date of Birth: \_\_\_/\_\_\_/\_\_\_\_ Height: \_\_\_' \_\_\_" Weight \_\_\_\_\_ lbs.

Hometown: \_\_\_\_\_ (City, State)

High School: \_\_\_\_\_

Last School: (If different than High School): \_\_\_\_\_

Email Address: \_\_\_\_\_

Primary Phone #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

**Parent Information:**

Parent 1 Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email Address: \_\_\_\_\_

Parent 2 Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email Address: \_\_\_\_\_

**University of Utah Student Information:**

Utah Student ID # \_\_\_\_\_ Major (if known): \_\_\_\_\_

Academic Year: Freshman / Sophomore / Junior / Senior / Graduate/Law School

Eligibility Year: Freshman / Sophomore / Junior / Senior / 5<sup>th</sup> Year (pre-approved)

Year as member of the University of Utah Lacrosse Team: 1<sup>st</sup> / 2<sup>nd</sup> / 3<sup>rd</sup> / 4<sup>th</sup>+

**Player USLacrosse Membership Information:**

Membership #: \_\_\_\_\_ Expiration Date: \_\_\_/\_\_\_/\_\_\_\_  
(must be valid through entire Spring season)

By signing below, I certify that I have read and fully understand the information in this packet. I hereby commit to abiding by the requirements set forth and understand that failing to meet these requirements may result in dismissal from the team.

\_\_\_\_\_  
Player Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Head Coach, Rick Kladis

\_\_\_\_\_  
Date

Please submit this form with your Player Administration Fee for verification and acceptance prior to participation in any event: