



University of Utah Men's Lacrosse

Player Information Packet

(2016-2017 Season)

Mission Statement:

The mission of the University of Utah Men's Lacrosse Program is to provide an opportunity for students to enhance their college experience at the University of Utah through membership/affiliation with a collegiate level lacrosse program, and further develop the life skills required to become successful people.

Job Opportunities:

Coaching Staff:

The team's Head Coach is hired and managed by the Board of Directors of "The Boosters of Utah Lacrosse" a registered 501(c)(3) non-profit organization in the state of Utah, which is contracted on an annual basis to conduct the administrative operations of the University of Utah Men's Lacrosse Team. All business relating to subsequent coaching staff and general staff selections, management, and contracts are at the discretion of the Head Coach.

Staff Assistants/Inactive Red Shirt Players:

Each year, there are a number of "Staff Assistant" job positions available. Staff assistants assist the coaches on a regular basis at practices and games with equipment, drills, film, etc. The position pays an hourly rate, or "double pay" for staff who apply their pay toward future dues.

Team Manager

Each year, there is a position available for a Team Manager who manages all team equipment and facilities. The position pays hourly, or "double pay" for staff who apply their pay toward future dues.

Team Membership:

The Utah Lacrosse team is composed of 2 types of players: Active Roster players & Red Shirt players.

Active Roster Players:

- Must be "game-eligible" meaning a current, full-time student at the University of Utah, a current USLacrosse Member, and have at least 1 year of MCLA/NCAA eligibility remaining.

Red Shirt Players:

Red shirts are exactly like Active Roster players except they do not dress for spring games, and are not guaranteed to travel. The following are reasons players might Red Shirt:

- 1) Players are not yet at the skill level to receive an "Active Roster" spot, but will in future
- 2) Players who due to injury or illness cannot fully participate (physically)
- 3) Players wish to decrease the total cost of career participation.
- 4) Players are not full-time students at the University of Utah, but plan to be in the future.

Requirements of Red Shirt Players:

- Must have 1 or more years of NCAA/MCLA eligibility remaining.
- Must be a current USLacrosse Member.
- Red Shirts are allowed to be part-time student at the University of Utah. However, to be eligible to be moved to the Active Roster (which can happen at any time during the year should a spot come available) players must be full-time students.

NOTES: Red shirting is an option available to all players, but final decision is the Head Coaches. Players who complete a season as a Red Shirt receive \$1,000 credit to a future year. Players who Red Shirt a partial season due to being activated will receive an amortized amount of credit to a future years. Only the completion of a semester on the roster counts as a "semester with team"

Team Tryouts & Fall Participation:

Walk-On tryouts are held at the beginning of each semester for players to join the team if there is a space available on the team roster. Participation in the Fall Semester is not required, but players are strongly encouraged (for many reasons) to participate in the Fall Semester if they can.



Cost of Participation

The cost of participating on the team cover administrative costs of ongoing team operations as well as team & individual equipment, and the annual operations budget for the respective season. No player should choose not to participate because of costs without first speaking with the Head Coach for alternative options.

Player Dues & Admin Fee: \$500 *(due prior to any team participation)*

All players are required to submit an "Administration Fee" which covers each player's annual administrative costs (ie: insurance, player physicals, admin costs, coaching & training staff expenses, etc.) This payment is **NOT** tax deductible.

First-Year Player Equipment Fee: \$750 *(due prior to any team participation)*

All first-year players are required to submit a fee for their required team Under Armour equipment (*team helmet, gloves, backpack, equipment bag, & shoes. Other items are optional and purchased separately*) This payment is **NOT** tax deductible.

Player Funding Allotment: \$1,500

(50% due by 9/15, 100% due by 10/1 or prior to any participation if join after that date)

All players are required to fund a portion of their share of the team's operating budget each season. **All payments that go toward this are 100% tax-deductible.**

Players may not participate in any team activity after 10/1 with a remaining funding balance. Only the completion of a Spring season as a player (active or red shirt) in good standing counts for season with team.

Payment Options: *(As per IRS regulations)*

Player Dues and Equipment Fees may be paid/covered the following ways:

- 1) Direct Payment (checks made to "University of Utah Men's Lacrosse")
- 2) Team Job Earnings

Player Funding may be paid/covered the following ways:

- 1) Direct Payment (checks made to "University of Utah Men's Lacrosse")
- 2) Booster Club Scholarship &/or Financial Aid
- 3) Team Job Earnings
- 4) 100% of any cash donation made to the team on a player's behalf.
- 5) Funding from previous years.
- 6) Utilizing available discounts *(listed below)*

There are no refunds on any payments, for any reason. Credits are not redeemable for cash

Available Discounts & Cost Reduction Opportunities:

Early Commitment Discounts:

- Returning players who are offered the opportunity, may submit their "Player Dues" by May 1st of previous year and receive a \$100 discount.

Red Shirt Credit:

- Players who complete a season as a Red Shirt receive up to \$1,000 of their "Player Funding" from their red shirt year as a credit to a future year. Players who Red Shirt a partial season due to being activated will still receive an amortized amount of this credit toward future dues.

Player Scholarships & Financial Aid:

Each year, there is scholarship and financial aid funding available that may be offered to players by the coaching staff to go their individual player funding amount. All scholarships and financial aid may be revoked at anytime if players fail to live up to player requirements and expectations agreement.

Player Service Activities:

In addition to the fees required, all players are required to complete 20 hours of "team fundraising & community involvement" activities prior to 2/1 of the respective year. Any player (including those who joined in the Spring) who have not completed their hours will be "billed" the value due @ \$10/hr.



Schedules:

To avoid as many conflicts as possible and assure players plenty of time for non-lacrosse activities and commitments, all required lacrosse events (excluding travel & games) are only scheduled during certain days & times of the week. **All participating players must be available during these times for events to be scheduled anytime up to 1 week in advance.**

During the **Fall Semester (Sept. 1st – Nov. 1st)** players need to keep the following times available:

- 6:00 a.m. – 8:00 a.m. on weekday mornings for possible team practices.
- 7:00 p.m. – 10:00 p.m. on weekday nights for possible team practices, meetings, lifts, etc.

Approximated Fall Semester Schedule:

September 1 – November 1: (*Regular Outdoor Schedule*)

- Outdoor practices on Monday & Thursday, mornings 6:00 - 7:30 a.m.
- Team Meetings/Film/Weights on Monday OR Tuesday nights 7:00 – 9:00 p.m.

November 1 – Christmas Break: (*Fall Schedule*)

- Indoor conditioning 2 mornings each week from 6:00 - 7:30 a.m.
- Weights 3 evenings a week sometime between 7:00 – 8:30 p.m.

During the **Spring Semester (Jan. 1st – May 15th)** players **MUST** keep the following times available:

- 6:00 a.m. – 7:45 a.m. on weekday mornings (**ALL 7:30 a.m. class must be approved**)
- 7:00 p.m. – 10:30 p.m. on weekday evenings
- The team may have regular schedule and/or travel through Spring Break

Approximated Spring Semester Schedule:

January 1 – Spring Break: (*Early Spring Schedule*)

- Indoor Practices on Tuesday, Thursday, & Friday nights ~ 8:00 - 10:00 p.m.
- Team Indoor Conditioning 2 mornings a week from ~ 6:00 – 7:30 a.m.
- Weights/Meetings/Film on Mon &/or Thurs nights 7:00 – 8:30 p.m.

Spring Break – End of Season: (*Regular Outdoor Schedule*)

- Outdoor practices on Tuesday, Thursday, & Friday mornings 6:00 - 7:30 a.m.
- Walk-through practice on Tuesday nights 7:30 – 9:00 p.m.
- Team Meetings/Film on Monday or Tuesday nights 7:00 – 9:00 p.m.

Fall Participation

Participation during the Fall semester is encouraged, but not required for Spring participation. The Fall Session only runs from the beginning of the Fall semester through October and is primarily for player skill development and team building, and there are lots of fun team events and activities (Alumni Weekend, Golf Tournament, Fall tournaments, Team Trip(s), etc.) Players who complete the Fall Session in good standing are guaranteed a roster spot for the Spring. Players who do not complete the Fall are required to tryout in January to join/ re-join the team if there is space available on the roster.

Team Events:

There are two types of events that players will participate in “with” the Utah Lacrosse team:

Official Events are events such as practices, games, travel, film sessions, meetings, etc. that are scheduled by the coaching staff and/or team leadership and are mandatory for players to attend.

Unofficial Events are events that are commonly attended by members of the team but are not affiliated with the team, not hosted by the team, and are not mandatory for anyone to attend or participate such as tailgates, attending sporting events, dinners, and other activities. Only the general player conduct policy is required of players by the team during these events.

Attendance, Injuries & Illnesses

We operate on a policy of 100% accountability – but not necessarily 100% attendance. Playing a collegiate sport is a significant commitment, but should not prevent players from other opportunities available in the college experience as long as players plan ahead, communicate with the coaches, and manage their time well.

Excused Absence



In certain rare circumstances such as a family emergency/situation, or pre-scheduled, pre-approved commitment deemed valid as per the full discretion of the Head Coach may players be excused.

Unexcused Absence & Missed Deadlines:

Any tardiness, absence, or failure to meet a given deadline, which is not communicated in advance to the Head Coach and excused is considered "unexcused." Unexcused tardiness or absence is not tolerated and will incur consequences up to immediate dismissal from the team.

Injuries and Illnesses:

Players may be excused from regular participation due to injury or illness. To be excused, the Head Coach must be informed by the team training/health staff, which means the player must be seen by the team training/health staff who then either contacts Coach directly, provides written documentation. Attendance is still required of all players who are not-participating unless prescribed by training/health staff. In the event a player's injury/illness is "season/career-ending", the player may apply an amortized portion of their paid "Player Funding" (not Dues & Admin Fee) toward a future season if the player would like.

General Conduct Policy:

All players in the Utah Lacrosse program are expected to respect all equipment, facilities, and people involved with the Lacrosse program and conduct themselves in a manner that represents themselves, the University of Utah, and Lacrosse Program in a positive way. All players may be dismissed from the team at anytime for failure to meet their responsibilities and/or uphold the team rules & conduct policies.

Player Conduct Policy During Official Events:

During official events, the use of alcohol, illegal drugs and/or unapproved/non-prescribed medication, as well as inappropriate language and/or behavior is not permitted at anytime and is strictly enforced.

Player Gear & Equipment:

Each year, all players receive 2 pair of team practice shorts, practice jersey, 2 performance shirts, team socks, and team sweats. In addition, if a returning player ever needs to replace team-issued equipment, it may be purchased individually anytime if available.

Player Travel Policy

All players on the roster are not guaranteed to travel with the team. Players who travel with the team are required to use team transportation & lodging with a few exceptions:

1. If the team is going to/through a location the player has immediate family, they may be allowed to lodge with them, and at the end of trips, may stay longer and/or travel back separately.
2. If a player's parents/family member(s) are attending a travel event, players are welcome to go with their family during free time, as well as travel back separately with their family. Players may occasionally join other player's and their families as well with written permission.

In all cases, arrangements must be made at least 1 week prior to the trip with the Head Coach and all forms must be submitted.

Player Eligibility:

Players must comply with the following MCLA / NCAA eligibility requirements. To be part of the team, all players must have at least one year of eligibility remaining, and be an active member of USLacrosse through the entire season. In addition, to be on the Active Roster, players must also maintain a minimum of 12 credits (undergraduate) or 6 credits (graduate) through the entire Spring semester OR be taking at least one remaining credit necessary to graduate following the respective semester in order to be eligible to play.

Player Uniform & Dress Codes:

Players are required to be in proper uniform/dress at all times during official team events.

Practices: Players must be wearing the current season practice jersey on the exterior, a team performance shirt (any year) and either a pair of the current season team practice shorts or sweat pants. In addition, players must wear all proper padding, shoes, and safety gear unless otherwise determined by the coaching staff.

Weight Room / Conditioning: Players must be wearing "U of U branded" gear on the exterior. Players are expected to wear team issued Under Armour shoes as well (No non-Under Armour branded gear/attire is permitted in the weight room)

Travel: Travel dress includes: Bottoms must be University of Utah branded (shorts, sweats, warm-ups etc.) OR khaki "docker style" pants/shorts with a belt. Players are required to wear a team polo shirt, and



shoes must be "appropriate athletic or dress shoes" as per the Head Coach. Additional top layers & hats may be worn but must be "University of Utah" branded or approved by the Head Coach.

All players must complete and submit this form prior to participation in any lacrosse activity. If you have any questions please don't hesitate to contact Rick Kladis at 801-870-5564 or rick@uteslacrosse.us

Player Information:

Player Name: First: _____ MI: _____ Last: _____

Date of Birth: ___/___/_____ Height: ___' ___" Weight _____ lbs.

Hometown: _____ (City, State)

High School: _____

Last School: (If different than High School): _____

Email Address: _____

Primary Phone #: (____) _____ - _____

Parent Information:

Parent 1 Name: _____ Relationship: _____

Phone #: (____) _____ - _____ Email Address: _____

Parent 2 Name: _____ Relationship: _____

Phone #: (____) _____ - _____ Email Address: _____

University of Utah Student Information:

Utah Student ID # _____ Major (if known): _____

Academic Year: Freshman / Sophomore / Junior / Senior / Graduate/Law School

Eligibility Year: Freshman / Sophomore / Junior / Senior / 5th Year (pre-approved)

Year as member of the University of Utah Lacrosse Team: 1st / 2nd / 3rd / 4th+

Player USLacrosse Membership Information:

Membership #: _____ Expiration Date: ___/___/_____ (must be valid through 5/31 of respective Spring)

By signing below, I certify that I have read and fully understand all of the information in this packet. I hereby commit to abiding by the requirements included and understand that failing to meet these requirements may result in dismissal from the program without any refund on any payment.

Player Signature

Date

Director of Operations, Rick Kladis

Date

Please submit this form with your non-refundable \$500 Player Dues (if haven't already) for verification.